

Perryville Optimist Soccer League

Pre-K Rules – Fall 2010

Rules for the POSL will follow FIFA - LAWS OF THE GAME (Latest Edition) and the following exceptions or additions:

1. Prior to the start of the game, the referee will inspect the player's equipment. Players shall meet the following requirements before being allowed to play:
 - a. All players shall wear shin guards that are covered completely by the player's sock.
 - b. Jewelry shall not be worn during the game.
 - c. No metal or screw in cleats allowed. All cleats shall be soccer cleats.
 - d. Due to the possibility of cold weather, sweat pants can be worn over the player's shorts and shin guards. Sweatshirts shall be worn under the player's jersey allowing the players number to be visible. Sock caps or ear wraps can be worn.
 - e. Players shall not chew gum while playing on the field.
2. One coach from each team shall be a designated referee. Coach shall have a whistle and a stop watch.
3. Games will be played with 5 players from each team, i.e...5 v 5. If one team has only 4 players then both teams shall play with 4 players.
4. No designated goalie. All players on the field are field players. Therefore no player can touch the ball with there hands.
5. Game Durations: 7 minute quarters. Quarter Breaks will be 5 min.
6. Players shall be substituted so that each player gets approximately the same playing time. Exception: players with health problems (parent requests) or players that arrive late to the game.
7. Size 3 balls
8. Substitution: On the Fly. Coaches can switch players at anytime but no team shall have more then the maximum number of players on the fields at one time.
9. Team kicking off at the start of the 1st quarter shall be determined by the coaches via mutual agreement or by flipping a coin. Kickoffs shall be alternated between teams from quarter to quarter.
10. Kick Off: Ball shall be placed at the center of the midfield line. Opposing team shall be a minimum of 10 ft away from the ball. Player kicking the ball cannot touch the ball a second time until another player from either team touches the ball. Penalty: Free Kick by opposing team at spot of 2nd touch.
11. Goal kicks: When the ball completely crosses the goal line and last touched by the offensive team a goal kick is awarded to the defending team. The ball shall be placed in front and approximately 10 ft away from the mouth of goal. Opposing team shall be a minimum of 10 ft away from placed ball. Player kicking the ball cannot touch the ball a second time until another player from either team touches the ball. Penalty: Re do the Goal Kick.
12. Corner Kicks: When the ball completely crosses the goal line and last touched by the defensive team a corner kick is awarded to the offensive team. Ball shall be placed on or just inside the intersection of the goal and touch line. Opposing team shall be a minimum of 10 ft away from ball. Player kicking the ball cannot touch the ball a second time until another player from either team touches the ball. Penalty: Free Kick by opposing team.
13. Throw-Ins: All balls that completely cross the touch line shall be restarted with a Throw-In by the team that did not touch the ball last. Ball shall be held with both hands and be thrown in over the head. Both feet shall be touching the ground and be outside of the touch line at release of ball. 1st Fault: Ball shall be throw-in a second time by same player. Second fault: Throw-In goes to opposing team.
14. Offsides shall not be called.
15. All free kicks are indirect (the ball must be touched a 2nd time by either team before going into the goal). Opposing team shall be a minimum of 10 ft away from the placed ball.
16. If the game is stopped due to a player injury, then the injured player must be replaced with a substitute. Player can return to the game at the next possible substitution. Exception: Player with a head injury shall not return to the game.
17. Only one coach shall be on the field during play. Field coaches shall coach in the center of the field and not be near the front of the goal.
18. If team has substitutes then a coach or parent shall be on the sidelines at all times watching substitutes.
19. Due to dangerous weather conditions or other extenuating circumstances, the game length shall be shortened or cancelled by the coaches/referee. Be the first to receive information about cancelled games by signing up for the POSL Test Alerts. Go to semissourian.com/textalerts and look for Perryville Optimist Soccer League under the catagory "Recreational Sports Leauges." Follow the instructions on the sign-up page and you're ready to start receiving text alerts. Announcements will also be made on FM 93.1 and by placing "Soccer Fields Closed" signs at the two entrances into the Complex off of Tom Tomlinson Drive. Announcements and signs will not be posted until after 2 PM on weekday games and 9 AM of Weekend games. Parents and players should listen to the radio, check the entrances for signs, or call their team coach to determine if games are cancelled. Coaches may call the Perry Park Center after the times listed. Please do not call soccer board members to check if games are cancelled unless it is an emergency.
20. All decisions by the POSL board are Final.